

Helping children with their homework

Shall we go and get your book and you'll see? No. Come on. Shall we go and see what story it is? No.

Homework's always an issue. It's trying to get them to do it, for a start. Sometimes, I just can't be bothered to do it.

What are the signs that your child is having problems with homework?

A child may be expressing some real anxiety about the homework that they have to do, that they are avoiding it, that they may be becoming quite emotional about doing it. So there are some real key things that are going on for your child.

Now you like books about magic. This one's about magic! It's the magic...

Looking to see whether the homework is piling up. Whether there's been any communication from the school about their concerns. So that will give the parent a good understanding that their child is having some real problems that they could help them with.

TOP TIP - Sit with your child as much as possible.

When my mum or dad are helping me, I feel like that I'm not just doing it on my own.

My mum tells me which bit to start on and then I keep on reading and do it.

The extremes children will go to to not do their homework is doing anything other than the task at hand and you may find that this is displayed in really disruptive behaviour. So often getting themselves into trouble, because if they get into trouble then the parent will be focussed on the behaviour rather than the avoidance of the homework.

Sometimes I don't really get into it and I have to ask my mum and dad if I can do it later on because I don't really like it that much.

I have tried doing homework in front of the telly once but it distracts me so I can't do it.

A quiet environment with least distractions as possible would be really helpful and also short breaks, bitesized chunks of homework. Also be around to actually encourage and to make sure that your child is on task. It might also be useful for the child to monitor their time, so organisational skills.

TOP TIP: Praise your child as much as possible.

The other thing parents can do is really remember to praise and tell their children as much as they can how proud they are of them and how much they love them, and all of this will help their children to feel better about themselves and more confident and able to complete and achieve the homework that's set.

Find out why there are problems.**Talk to the teacher if you are worried.****Praise and encourage your child.**

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https://www.youtube.com/watch?v=CrvxzPpKXDw&list=PL9Huox3U1NqOhwZUP64j1-q17kYuidMU_&index=2

