

Transcript – Important telephone numbers

Most people know about the national emergency number 999 for police, fire and ambulance. But many charities also have telephone services where people give *advice* and help on different problems. Here are some useful numbers. If you owe someone money and are worried that you can't pay it back, you can call the national debtline on 0808 808 4000. If you are upset and want to talk to someone, you can call the Samaritans on 08457 909090. If someone close to you has died and you want to talk to someone who is not from your family, you can call Cruse Bereavement Care. In Scotland this number is 0845 600 2227. In England, Northern Ireland and Wales, the number is 0844 477 9400. To find out if there's a helpline for a problem you have, use the internet or ask in your local library.